

ANASTASIA MANOU

Born: Athens, Greece

Audiovisual artist

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EDUCATION

- 2020-2023 Touch Designer Workshops by Bileam Tschepe | Music Hackspace
- 2014-2021 Ionian University, Department of Audio and Visual Arts, Corfu, Greece, BA-MA (First class honours degree-integrated Master with honours)
- 2014 Hellenic-American Educational Foundation, Psychico, Attica, Greece, Young Filmmaker's Academy
- 2014 Hellenic-American Educational Foundation, Psychico, Attica, Greece, Hands-On Filmmaking

INTERNSHIP

- 2020 Athens Digital Arts Festival, Athens, Greece
Content/Video Editor
- 2020 Multitrab Productions, Athens, Greece
Video Editor, Photographer, Cinematographer, Creative Designer

WORK EXPERIENCE

- 2014- Macmanous Creative Studio, Athens, Greece
Video Editor, Photographer, Web Developer
- 2022- Community Member / AudioVisual Artist at New Media Art Group
- 2021 Video art "Auftragen" projected at Plissken Festival | ADAFxPlissken
Audiovisual generative art
- 2021 "Beholding Liberty! At the Hellenic Parliament, two centuries later"
Video Editor for the 3d Projection Mapping
- 2020 ADAPT a feature film documentary for ADAF
Director and Editor
- 2020 Eugenides Foundation along with the Athens Digital Arts Festival
Director and Editor for the documentary "Making of Tiresias"
- 2020 Antenna TV S.A. , Athens, Greece
Trainee for Script Supervisor (lasted:2 weeks-canceled: coronavirus)
- 2019 Short Film by Selini Papageorgiou, "When Kostis met Mary"
Script Supervisor/ Backstage Photographer

- 2019 Photography Exhibition by Xenia Lekanidi, "Further", The Image Gallery, Athens
Video Art Development
- 2017-2018 Antenna TV S.A. , Athens, Greece
Web Design and Development for the TV Series "Parthena Zoi" (credited)
- 2016-2017 Antenna TV S.A. , Athens, Greece
Backstage Photography (uncredited)
- 2014-2015 Antenna TV S.A. , Athens, Greece
Web Design and Development for the TV Series "Tamam" (credited)

PUBLICATIONS

- 2020 "Shifting Tides", Almeida Theatre Digital Festival, July 17, 2020
Title: "Daffodils" | <https://bit.ly/3bh7klh>
- 2012 "Panorama", National Geographic Greece, June 2012, Vol.28 p.27
Title: "Through my eyes"

HONOURS AND AWARDS

- 2024 Official Selection at the 14th Nikon Film Festival,
In The Light the Flees-Short Film | <https://www.festivalnikon.fr/video/2023/3696>
- 2023 Official Selection Mesh Creator Challenge x Max Cooper,
A model of Reality-Musical Remix-Video Art | <https://youtu.be/J6MbbMJkalk>
- 2022 Official Selection at the Dark Room Film Festival, Iklectik, London
Breathe-Video Art
- 2021 Official Selection at the 14th AVARTS Festival, Ionian University
Hypothalamus-Performance | <https://vimeo.com/anastasiamacmanous/thalamus-teaser>
Kemal-Animation | <https://vimeo.com/381636458>
- 2020 Official Selection and Screening at the "Let's Get Phygital" 16th Athens Digital Arts
Festival -InArts, Ionian University
Kemal-Animation | <https://vimeo.com/381636458>
- 2020 Official Selection at Almeida Theatre's new digital festival "Shifting Tides"
Video Art-Poetry
- 2019 Nominated for Odysseus Award at the London Greek Film Festival for Best Video Art
Anamorphosis-Video Art | <https://vimeo.com/317285399>
- 2017 Honourable Mention, International Photography Awards
Category: Architecture, Other_ARC | <https://bit.ly/2U3Yemc>
- 2012 Honourable Mention at the International Photography Awards
Category: Architecture | <https://bit.ly/2CJczdj>
- 2011 Honourable Mention at the International Photography Awards
Category: Nature | <https://bit.ly/2CGsCIU>
- 2011 Honourable Mention, International Photography Awards
Category: Architecture | <https://bit.ly/2FCwxXD>

EXHIBITIONS / COMPETITIONS

2022 CityLine videoart, projection mapping in LightYear90 Exhibition, New York | <https://vimeo.com/747227638>

2022 New Media Art x Neo Shibuya TV presented Grotobox inspired work at Miyashita Park, Tokyo | <https://bit.ly/3dxeiaL> · <https://bit.ly/3CnCEhB>

2021 Bridges Season: Animegaron International Animated Film Music Competition for the animation "A Water's Tale" (not selected) | <https://vimeo.com/521097966>

SOFTWARE

Touch Designer, Adobe Premiere Pro, Adobe Photoshop, Adobe After Effects

Adobe InDesign, Adobe Audition, Autodesk 3ds Max, Celtx, Reaper, Wordpress, Unity

LANGUAGE KNOWLEDGE

Greek (native)

English (Certificate of Proficiency in English, University of Michigan)

INTERESTS

scriptwriting, audio-visual arts, filmmaking, interactive installations, stage design, electroacoustic music, sound design, programming

CERTIFICATIONS

2005-2007 Graded Examination in Dance-Classical Ballet | Royal Academy of Dance

VOLUNTEERISM

2018 "The Collector" short film by Thodoris Vournas
Backstage Photography (uncredited)

2017 Ionian University, Avarts Festival, Athens Concert Hall, Athens, Greece
Photographer, Videographer

2016 Ionian University, Department of Audio and Visual Arts, Corfu, Greece
Indexing courses' questionnaires, as part of the internal evaluation of the Department

2015 Ionian University, Department of Audio and Visual Arts, Corfu, Greece
Indexing courses' questionnaires, as part of the internal evaluation of the Department

WRITING & UNPUBLISHED WORK

Scripts for Feature and Short films

2 Theatrical Plays (unpublished)

1 Illustrated book (unpublished)

SPORTS

2012 Fencing

2000-2008 Classical Ballet