

ANASTASIA MANOU

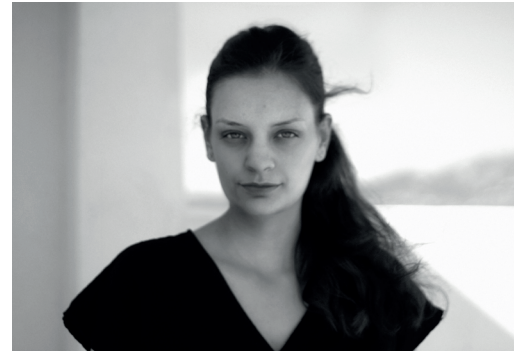
Born : Athens, Greece

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Portfolio: <https://bit.ly/anastasia-macmanous-portfolio>



EDUCATION / WORKSHOPS

- Feb. - Jun 2024 Set & Costume Design Seminar by Giannis Metzikof
"An internal part of the dynamics of every performance"
- 2020- Touch Designer Workshops by Bileam Tschepe | Music Hackspace
- 2014-2021 Ionian University, Dept. Audio & Visual Arts, Corfu, Greece, BA-Integrated MA
(First class honours degree)
- 2014 Hellenic-American Educational Foundation, Psychico, Attica, Greece
Young Filmmaker's Academy
- 2014 Hellenic-American Educational Foundation, Psychico, Attica, Greece
Hands-On Filmmaking

INTERNSHIP

- 2020 Athens Digital Arts Festival, Athens Greece
Content / Video Editor
- 2020 Multitrab Productions, Athens, Greece
Video Editor, Photographer, Cinematographer, Creative Designer

WORK EXPERIENCE

- 2014- Macmanous Creative Studio, Athens, Greece
DTP Design, Video Editor, Web Developer
- 2022 Community Member / Audiovisual Artist at New Media Art Group
- 2021 Video art "Auftragen" projection at Plissken Festival | ADAF
Audiovisual generative art
- 2021 "Beholding Liberty! At the Hellenic Parliament, two centuries later"
Video Editor for the 3D Projection Mapping
- 2020 ADAPT a documentary for ADAF
Director | Editor

2020	Eugenides Foundation along with the Athens Digital Arts Festival Director Editor for the documentary “Making of Tiresias”
2020	Antenna TV S.A, Athens, Greece Trainee for Script Supervisor (lasted 2 weeks-canceled: coronavirus)
2019	“When Kostis met Mary” short film by Selini Papageorgiou Script Supervisor Backstage Photographer
2019	“Further” photography exhibition by Xenia Lekanidis, The Image Gallery Video Art installation
2017-2018	Antenna TV S.A., Athens, Greece Web Design & Development for the TV Series “Parthena Zoi” (credited)
2016-2017	Antenna TV S.A., Athens, Greece Backstage Photography (uncredited)
2014-2015	Antenna TV S.A., Athens, Greece Web Design & Development for the TV Series “Tamam” (credited)

PUBLICATIONS

2020	“Shifting Tides”, Almeida Theatre Digital Festival , July 17 2020 Title: “Daffodils” https://bit.ly/3bh7klh
2012	“Panorama”, National Geographic Greece , June 2012, Vol.28 p.27 Title: “Through my eyes”

HONOURS AND AWARDS

2024	Official Selection at the 14th Nikon Film Festival “In the Light that Flees”
2024	Finalist for Best Experimental Film at the 18th London Greek Film Festival “In the Light that Flees”
2023	Official Selection in Mesh Creator Challenge x Max Cooper “A model of Reality” Musical remix with live visuals Video Art
2022	Official Selection at the Darkroom Festival ‘22 , Iklectik, London “Breathe” Video Art
2021	Official Selection at the 14th AVARTS Festival , Ionian University “Hypothalamus” Live performance art “Kemal” Animation
2020	Official Selection & Screening at the “Let’s get Phygital” 16th ADAF x InArts “Kemal” Animation

2020	Official Selection at the Almeida Theatre's "Shifting Tides" Festival "Daffodils" Video Art Poetry
2019	Nominated for Odysseus Award at the 12th London Greek Film Festival "Anamorphosis" Video Art
2017	Honourable Mention, International Photography Awards Category: Architecture
2012	Honourable Mention, International Photography Awards Category: Architecture
2011	Honourable Mention, International Photography Awards Category: Nature
2011	Honourable Mention, International Photography Awards Category: Architecture

EXHIBITIONS / COMPETITIONS

2022	"Kyanomorpha" by Sophia Makrinou Hologram installation at the Tsichritzi Foundation of Fine Arts, Kifissia, Athens
2022	"City Line" projection mapping in LightYear90, Dumbo, New York
2022	NMA x Neo Shibuya TV, Video Art screened at Miyashita Park, Tokyo
2021	Bridges Season: Animegaron International Animated Music Competition for the animation "A Water's Tale" (participation)
2020	"Enter the World of Hans Zimmer" Contest powered by Sony Music Video art (participation)

SOFTWARE

TouchDesigner, Adobe Suite, Autodesk 3ds Max, Reaper, Wordpress, Unity

LANGUAGE KNOWLEDGE

Greek (native)

English (Certificate of Proficiency in English)

INTERESTS

scriptwriting, new media arts, filmmaking, interactive installations, stage design, electroacoustic music, sound design, programming

CERTIFICATIONS

2005-2007 Graded Examination in Dance - Classical Ballet | Royal Academy of Dance

VOLUNTEERISM

2018 “The Collector” short film by Thodoris Vournas
Backstage Photography (uncredited)

2017 Ionian University, Avarts Festival, Athens Concert Hall, Athens Greece
Photographer | Videographer

2016 Ionian University, Dept. Audio & Visual Arts, Corfu , Greece
Indexing courses’ questionnaires as part of the internal evaluation of the Dept.

2015 Ionian University, Dept. Audio & Viual Arts, Corfu , Greece
Indexing courses’ questionnaires as part of the internal evaluation of the Dept.

WRITING & UNPUBLISHED WORK

2022 “Overcoming modern anxiety with TouchDesigner”
article at TouchDesigner Derivative blog

SPORTS

2012 Fencing

2000-2008 Classical Ballet